



American Shaolin Kempo Concepts
School of Martial Arts

“Common Sense Self Defense” Workshops

Learn simple and effective “common sense self defense” techniques in this hands-on workshop. Participants will have the opportunity to practice techniques on one of our instructors who will wear a protective suit. The workshop will be taught by Master Phil Pritchard, Seventh Degree Black Belt with over 30 years of experience. Spend an evening having fun with friends while learning how to protect yourself!

This 2-hour workshop is appropriate for women, men and children over 14 years old

Workshops are held at our Shrewsbury Center dojo or arrangements can be made for us to come to your location!

\$20 per person

To register for an upcoming workshop, or to schedule your own with family & friends, please contact Phil

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American Shaolin Kempo Concepts School of Martial Arts

Common Sense Self Defense
Kempo ☯ Karate ☯ Kung-Fu
Birthday Parties ☯ Self Defense Workshops

Your neighborhood martial arts school since 1990...

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